

## SCRIPTURE

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### PRIMARY TEXT:

Matthew 6:5-15

### SUPPLEMENTAL TEXT:

Psalms 139

## OBSERVATION AND APPLICATIONS

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- Read Matthew 6:5-15.
  - How does Jesus encourage us to pray?
  - What promise can we hold on to from this passage?
  - If God knows what you need before you ask, what is the point of prayer?

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- Read Matthew 6:14-15.
  - Is forgiveness necessary? Does this truth surprise you?
  - Why is forgiveness hard to extend?
  - What is the danger of bitterness and unforgiveness?

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- Read Psalm 139:19-24.
  - Do you have seeds of unforgiveness in your heart?

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## PRAYER

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- Pray Psalm 139:23-24. Ask God to search your heart and reveal any sin and unforgiveness in your life.

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## RESOURCES

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 [Forgiving What You Can't Forget by Lisa TerKeurst](#)

 [Prayer by Timothy Keller](#)

### SCRIPTURE

Write which passage of scripture you are reading.

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### OBSERVATION

What is this text saying? What is the context? How does it fit with the verses before and after it? Are there any commands or instructions?

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### APPLICATION

How can you apply this verse to your life? What does this mean today? What is God saying to you?

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### PRAYER

Respond to the passage in prayer. Ask God to help you apply this truth to your life and spend some time listening to what He may be telling you.

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